Online Table: Keywords Used for Electronic Database Search Under Three Main Concepts

Muscle	Stability	Characteristics
Muscl*	Stabiliz*	Muscle architecture
	Control	Muscle architectural
	Stiffness	Muscle fiber type
		Myosin heavy chain isoforms
		Myofibrillar ATPase
		Muscle fiber length
		Titin isoforms
		Physiological cross-sectional area
		Fiber length to muscle length ratio
		Speed of muscle contraction
		Muscle recruitment
		Muscle onset
		Feed-forward or feedback
		Muscle mechanics